# EXISTANCY AND SURVEY OF MEDICINAL PLANTS OF BIDAR DISTRICT, KARNATAKA (INDIA)

KALMATH S.V.1, PATIL M.S.1, KRITIKA S.K.1, MAHANTESH S.P.2 AND PATIL C.S.2

<sup>1</sup>Karnataka Arts, Science, Commerce College Bidar- 585401, Karnataka, India <sup>2</sup>B.V. Bhoomaraddi College of UG and PG Bidar- 585403, Karnataka, India \*Corresponding Author: Email- svk\_prof@yahoo.com

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**Abstract-** The Bidar district have several medicinal plants, it helped to develop the traditional knowledge and folk medicine to cure various diseases. This knowledge is used by pharmaceutical agents, suppliers and Phytochemistry researchers to exploit the rich source in the form of raw drugs. An ethno botanical survey of Bidar District was made to collect the information from traditional practitioners with the use of medicinal plants of Bidar district of Karnataka (INDIA). As our survey About 41 plants largely used by the traditional practitioners and local peoples of Bidar district have been enumerated in this paper. These plants contain important phytochemicals and are employed in the various ailments. The main aim of this work is to survey, document the existence of medicinal plants of Bidar district for the benefit of mankind and further investigation.

**Keywords-** Medicinal plants, Bidar district, Traditional practitioner.

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#### Introduction

Since Early times, man has used many plants for medicine, timber, food and fuel., Due to this rich Plant Biodiversity, the traditional knowledge on the use of plants as medicine is well documented. The interest in the ethnobotanical research has increased considerably for the last few decades. Many Investigators, Research Scholars directed towards valorization of ethno botany because of belief that traditional medicines remedies may be useful sources for the new therapeutic products. About 1/3 population of Bidar district depends on the traditional medicine as it is commonly available and does not cause any side effect. Since there is no so far study reported in the district, the present report is communicated.

## Methodology

Bidar district is located on Deccan Plateau in the North-Eastern Part of Karnataka covering total area of Bidar covering an expanse of 5448 square kilometers of land lies between 17°35' and 18°25' North latitudes and 76°42'minutes and 77°39' east longitudes (Fig. 1).

As per provisional reports of Census India, population of Bidar in 2011 is 211,944; of which male and female are 109,435 and 102,509 respectively. Average literacy rate of Bidar city is 87.65 percent of which male and female literacy was 92.88 and 82.08 percent respectively. Total children (0-6) in Bidar city are 25,077 as per figure from Census India report on 2011.

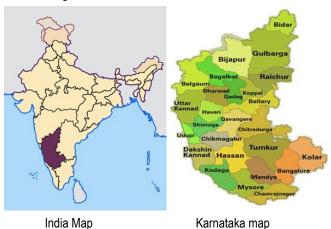
Bidar city is known for its Bidri handicraft products. Manjira River is one of the main rivers supplying drinking water to Bidar. Recently Bidar was ranked 22nd among the cleanest cities in India and 5th cleanest in Karnataka. It has a rich heritage of herbal medicinal plants

During the Year 2010-11, several field trips were undertaken to different villages of Bidar district. In several villages as our survey we got 12 famous traditional practitioners were they are regularly

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practicing aid of their knowledge on Ayurvedic medicines and traditional knowledge with use of local plant resources (Table No.1) Interviewed information on the use of medicinal plants were recorded. These Plants species were identified and Herbarium specimens are preserved in Karnataka Arts, Science and Commerce College Bidar for Further Research.



## **Bidar District**



Fig. 1- Location Map of Bidar District, Karnataka (INDIA)

Table 1- local Traditional Health Practitioners in Bidar

SI. No.	Name of the NatiVaidya & Address	Traditional Knowledge	Local Biological Resources Used	Locality
1	Narayanrao Gundappa Chowki R/O Udumnalli Bidar Age: 55 years	Cancer, Diabetes, Endometris, Leucorrhoea, Asthama, Jaundice, Piles, Swine flue, Menorrhegea.	Coralocarpus epigeaus, Gymnema sylvistris, Cassia fistula, Phyllanthus niruri, Ricinus communis, Punica granatum, Tinospora cardifolia, Achyranthes aspera and Ocimum sanctum.	Udumnalli Karpakpalli Forest & uncultivated land in Bidar & Humnabad taluka.
2	Prabhuling Hanmanthappa Mustari, R/O Mustari, Age: 56 years	Abdomen Pain, Memory Power, Tooth Ache	Aegle mormelos, Aloe vera, Centalla asciatica, Citrus medica	Karaknalli, Karpakpalli, Forest and Field.
3	Hanmanth appa Koneri Byader, R/O Karaknalli, Age: 70 years	Cattle: Foot and Mouth, Karan Phod, Bone Fracture, Throat and Malzari, Eye cataract, Human: Leucor- rhoea, Menor- rhegea, Jaundice	Leaucas aspera, Vitex negundo, Allium cepa, Ricinus communis, Allium sativum, Nagari & Bittil leaves, Acacia catechue, Semacarpus anacardium	Karaknalli, Karpakpalli and sur- rounding field

Table 1- Continues

I au	le 1– Continu	62		
4	Ramannna Shivram Bhutale	Leucorrhoea, Menorrhegea, Semen leakage, Joint Pain, Paralysis, Abdomen Pain, Asthama, Jaundice, Child, Abdomen Pain, Guntamalgi, Piles.	Mayatenus senegalensisLawnia coromandaliana, Securinega leucopyrus, Ficus bengalensis, Cassia fistula, Kashi gida Citrus, Carulluma, Gymnema, Acalypha indica, Abutilon indicum, Phyllanthes niruri	Karaknalli, Karapakpalli, Forest area and waste land and Field Bidar & Humnabad Taluka.
5	Narasareddy Bakkareddy Tumanapalli, R/O Karaknalli, Age:65 years	Paralyis, Tuberculosis, Piles, Leucoderma and Jaundice.	Cassia fistula, Cucur- bita maxima, Tinospo- ra cardifolea, Piper betel, Capparis spinosa, Gymnema sylvestris	Forest area Field and
6	Shanker Siddappa, Laxmidoddi, R/O Wadgaon [D], Age: 60Years. Kashinath	Snake Bite, Dog Bite, Jaundice, Leucorrhea.	Nag and Nagesari, Ficus carica, Awalakkigida, Kawal gida Securinega leucopyrus, Boralgida	Wadagaon Forest and Field and Waste land Aurad & Bhalki Taluka. Wadagaon
7	Tukaram Rathod, R/O Khernayak Thanda, Age: 58Years	Asthama, Chest Pain, Bone Fracture.	Azadirachta indica, Tectona grandis	Forest and Field and Waste land Aurad & Bhalki Taluka.
8	Gangaram Mogalappa, R/o Khanapur, Age:65 years	Cattle Food Poisoning, Children weakness	Acacia nilotica, Croto- laria juncea	Wadagaon Forest and Field and Waste land Aurad & Bhalki Taluka. Wadagaon
9	Pandurang, R/O Soralli, Age: 70 years	Jaundice, Somani	Bhoj patri	Forest and Field and Waste land Aurad & Bhalki Taluka.
10	Vithal Rajappa Jamadar, R/O Narayan- pur, Age: 96 years	Snake bite, Scorpion bite, Dog Bite, Leucorrhea and Leucoderma		Narayanpur Fields and forest. B'kalyan Taluka.
11	Manohar Jamadar, R/O Guntur Wadi, Age: 75 years.	Sterility Snake bite, Scorpion Bite, Leucorrhea and Leprosy		Narayanpur Fields and forest. B'kalyan Taluka.
12	Revanappa Govindappa, Hirgapnavar, R/O Hulgutti	Gantmalgi		Narayanpur Field and forest. B'kalyan Taluka.

# Results

The recorded Information on 41 Plants Species, used commonly as remedies for various diseases are listed with their Family and Local Ecological status in the Bidar District (Table 2.) fallowed by their habitat. The Plant part used, Local distribution, ecological status all are enumerated below:

Table 2- Local status of Medicinal plants (wild) in Bidar Dist. (K.S)

SI. No.	Hahitat	Scientific name	Family	Local ecological status
1	US	Abutilan indicum	Malvaceae	Low risk least concerned
2	CI	Abrus precatorius	Fabaceae	Vulnerable
3	Н	Acanthospermum hispidum	Asteraceae	Endangered
4	Н	Achyranthus aspera	Amaranthaceae	vulnerable
5	T	Acacia nilotica	Mimosaceae	Abundant LR&LC
6	T	Acacia catechu	Mimosaceae	Endangered
7	S	Adathoda vasica	Acanthaceae	vulnerable
8	Н	Andrographis paniculata	Acanthaceae	Vulnerable
9	T	Aegle mormelos	Rutaceae	Vulnerable
10	Н	Aloe vera	Liliaceae	vulnerable
11	Н	Argemone mexicana	Papavaraceae	Low risk least concerned
12	Н	Asperagus racemosus	Liliaceae	vulnerable
13	T	Azadirachta indica	Meliaceae	LR and LC
14	S	Baliospermum montana	Euphorbiaceae	Vulnerable
15	Н	Biophytum sensitivum	Geraniaceae	Vulnerable
16	S.T	Butea monosperma	Fabaceae	Vulnerable
17	T	Buchanania latifolia	Anacardiaceae	Low risk
18	S.T	Calotropis procera	Asclepiadaceae	LR & LC
19	S	Caesalpinia bunducella	Caesalpinaceae	Vulnerable
20	CL	Cocculus hirsutus	Menispermaceae	Vulnerable
21	Н	Centella asiatica	Apiaceae	vulnerable
22	S.T	Cassia fistula	Caesalpinaceae	vulnerable
23	T	Capparis spinosa	Capparidaceae	Vulnerable
24	CL	Corallocarpus epigeus	Cucurbitaceae	Vulnerable
25	Н	Datura metal	Solanaceae	Low risk
26	CL	Gymnema sylvestris	Asclepiadaceae	Vulnerable
27	S	Gloriosa superba	Liliaceae	Endangered
28	S	Gardenia latifolia	Rubiaceae	Endangered
29	Н	Hemidesmus indicus	Asclepiadaceae	Vulnerable
30	CL	Ipomea paniculata	Convolvulaceae	vulnerable
31	Н	Mimosa pudica	Mimosaceae	Vulnerable
32	Н	Phyllanthus niruri	Euphorbiaceae	Vulnerable
33	Н	Plumbago zeylanica	Plumbaginaceae	Vulnerable
34	Н	Psorelia coryfolia	Fabaceae	Vulnerable
35	S	Sarcostemma acidum	Asclepiadaceae	Vulnerable
36	T	Semacarpus anacardium	Anacardaceae	Vulnerable
37	S	Securinega leucopyrus	Euphorbiaceae	vulnerable
38	CL	Tinospora cardifolia	Menispermaceae	Vunerable
39	Н	Tridax procumbens	Asteraceae	vulnerable
40	S	Vitex nigundo	Verbenaceae	LR & LC
41	US	Withania somnifera	Solanaceae	Vulnerable

## Enumeration

## 1. Abutilon indicum

Family: Malvaceae Binomial name: Abutilan indicum L Kannada local: Vibhuti Gida Marathi: Pili buti Hindi: Pili buti

Local uses: Roots used as tonic. Roots powdered and

mixed with ghee and sugar

Local Ecological Status: Threatened Causes of threat: Destruction of Habitat.

2. Abrus precatorius

Kannada: Gulgunji Marathi: Ratti Hindi: Rati Gunia Sanskrit:

**Ecological Status:** Threatened - Vulnerable Status

Causes of Threat: Habitat destruction

Forest Area, Chitta, Shahapur, Deva Deva Local distribution: Vana, Khanapur, Karaknalli, Field Hedges.

Local uses: The leaves are chewed to get relief from throat trouble and voice. Musicians eat the dried leaves to clear and tone up their voice.

## 3. Acanthospermum hispidum D.C.

Family: Asteraceae Kannada: Hallu novina gida

Local distribution: Field, uncultivated waste lands

Local ecological status: Vulnerable

Causes of threat: Habitat destructions

Local uses: Leaves are chewed to get relief from tooth ache.

Leaves taste like betel leave

## 4. Achyranthes aspera

Binomial name: Achyranthes aspera

Marathi: Aghada Aghada Hindi: Sanskrit: Apamarga Kannada local: Uttarani **Ecological Status:** Threatened

Causes of: Habital destruction and use Road, House and Other Threat residential activities.

Habital and distribution: Waste land, Road side, Field, Fence in Bidar Dist.

Local uses: For cuts and wounds the leaf juice applied externally and eaten raw. The dried stem sticks are used to burn as a holy after to Ishta Ling on the occasion of Shivaratri by Lingayat community. The sticks tips are wraped with cotton and wet with cooking oil.

# 5. Acacia nilotica

Family: Mimosaceae Hindi: Babul Kannada: Babbuli Marathi: Babbul

**Ecological status:** Abundant and Low risk **Distribution:** Acacia nilotica is native from Egypt, across the Maghreb and Sahel, south to Mozambique and Natal, and east through Arabian Peninsula to Pakistan, India and Burma.

Local use: Acacia nilotica is used as a demulcent or for conditions such as gonorrhoea, leucorrhoea, diarrhea, dysentery or diabetes. It is styptic and astringent. In Siddha medicine, the gum is used to consolidate otherwise watery semen.

Local Distribution and Habitat: Throughout Bidar District, Waste land, Uncultivated land and Forest.

# 6. Acacia catechu

Family: Mimosaceae Hindi: Khair

Kannada: Kaggali Kachin gida

Sanskrit: Khadira

**Ecological status:** Rare and Threatened due to habitat loss. Distribution: The Acacia catechu is found in Asia. China. India

and the Indian Ocean area.

Local use: More specifically, the extract, called catechu is used to treat sore throats and diarrhea. Useful in passive diarrhoea either alone, or in combination with cinnamon or apium; the concentrated aqueous extract, known as khayer gum or cutch is astringent. It is used by the nativaidya in bidar for treatment in menstrual disorder. The decoction of bark mixed with milk is taken to cure cold and cough.

**Local Distribution and Habitat:** In Karpak Palli Forest and Wadagaon Forest

## 7. Adathoda Vascica

Family: Asclepiadaceae

Marathi: Adsog

**Kannada:** Adasoge / Adu, Muttada Gida. **Local Distribution:** Throughout Bidar Distt. Waste field, forest and uncultivated land.

**Local use:** Leaf decoction for could and cough. Ecological status: Threatened due to Habitat loss.

## 8. Andrographis paniculata

Family: Acanthaceae
Kannada local: Nelabeu
Marathi: Oli-kiryata
Hindi: Kiravat

Sanskrit: Kalamegh, Bhunimbcu

Ecological Status: Threatened

**Causes of:** Habitat destruction of due to expansion of Residential Threat Habitual and cultivation.

Local Habitat: Throughout Bidar District waste land Chitta & Sha-

hapur Forest area.

Local use: Local Nati Vaidya's use whole plant treats joint pain, viral fevers.

## 9. Aegle mormelos

Family: Rutaceae Kannada local: Bilwa Patri Marathi: Bael Hindi: Bael Sanskrit: **Bilwa Ecological Status:** Threatened Causes of: Over utilization Threat: Habitat destruction.

**Local Habitat & Distribution:** Throughout Bidar District Field and Forest, Temples, Basava Tirth.

**Local medicinal use:** Tender leaves chewed as tonic pulp & leaf juice dysentery & tuberculosis.

#### 10. Aloe vera

Family: Liliaceae
Kannada: Navras, lolerasa
Hindi: Ghritkamani
Sanskrit: Ghritkumari

**Local distribution:** Waste uncultivated land with Rocky land, Hillocks in Bidar District.

**Local uses:** Leaf juice used to remove face skin patches. Juice with turmeric powder applied a swellings, tumors and get relief from sprain oral consumption against digestive ailments.

Local Habitat and Distribution: Forest and uncultivated land Now a days cultivated in garden. Deva-Deva Van Bidar.

Local Ecological Status: Under threat in wild, due to habitat

destruction.

## 11. Argemone maxicana

Family: Papavaraceae
Hindi: Shialkanta
Sanskrit: Brahmadandi
Ecological status: Abundant Low risk.

Local use: Local Nativaidyas use the yellow latex to apply on the

soar mouth and tounge to get immediate relief.

Local Distribution and Habitat: Through Bidar District Waste

Land, Field ,Road Side

## 12. Asparagus racemosus wild

Family: Liliaceae
Kannada local: Satavari
Sanskrit: Satavari
Marathi: Satavari
Hindi: Satavari

**Ecological Status:** Threatened in wild habitat **Local use:** Local Nativaidyas use roots as tonic.

Causes of: Habitat destruction of due to extensive use of land for

Threat: cultivation & house construction.

Local Distribution: Bidar district forest area and field, common in

garden.

#### 13. Azadirachta indica

Family: Meliaceae Hindi: Neem Kannada: Bevu

**Distribution:** It is native to India and Pakistan growing in tropical and

semi-tropical regions.

**Local use:** All parts of the tree are said to have medicinal properties (seeds, leaves, flowers and bark) and are used for preparing many different medical preparations.

## 14. Baliospermum montanum

Family: Euphorbiaceae

Kannada: Damti
Hindi: Danti
Sanskrit: Hasti Danti

Ecological Status: Vulnerable / Regional Cause of threat: Habitat destruction.

**Common uses:** Ayurveda, Folk, Tibetian, Unani and Sidha **Local habitat:** Throughout Bidar Distt. Field Forest and Unculti-

vated Land

**Local Uses:** Roots, leaves and seeds are used to cure jaundice and roots for piles. For piles.

# 15. Biophytum sensitivum (L.) DC.

Family: Oxalidaceae, Genus Biophytum

Kannada:Hora MuchagiHindi:LajwantiMarathi:LajwantiSanskrit:Vipareetiajjalu

Local use: It is also a reputed medicine for tuberculosis and asthma

Habitat and Local Distribution: Agricultural waste land jowar field in Bidar Distr.

**Local Ecological Status:** Threatened due to Habitat destruction.

16. Butea monosperma

Family: Fabaceae Kannada local: Muttal gida Hindi: Palash Marathi: Palas Sanskrit: Kinshuk **Local Ecological Status:** Threatened

Causes of Threat: Habitat destruction of unprotected forest &

Over utilization of leaves

Habitat & Distribution: Bidar district, waste land unprotected

forest area.

Butea monosperma (Sanskrit: Kishanku, Hindi: Palash) is a species of Butea native to tropical southern Asia, from Pakistan, India, Bangladesh, Nepal, Sri Lanka, Myanmar, Thailand, Laos, (Cambodia, Vietnam, Malaysia, and western Indonesia. Common names include Palash, Dhak, Palah, Flame of the Forest, Basard Teak, Parrot Tree, Keshu (Punjabi) and Kesudo (Gujurati).

#### 17. Buchanania latifolia

Family: Anacardiaceae Kannada: Mallikai gida Hindi: Chiranji

Threatened due habitat destruction. **Ecological status:** Distribution: Asia-temperate China: China - Hainan, Yunnan, Asia-tropical, Indian Subcontinent India, Nepal, Indo-China: Laos, Myanmar, Thailand, Vietnam

Local Distribution and Habitat: Forest in Bidar Chitta Changler

Karpak Palli Khanapur

Local use: Seeds used as a sweetmeat, rich in oil. Tha bark contain tannin and the gum have medicinal properties, The wood is used as firewood. The ripe fruits are eaten . Lambani community and the local women collect the fruits and sold in the village and city market Bidar

18. Calotropis procera

Family: Asclepiadaceae Common name: Milkweed, Rui (madar)

Yekki qida Kannada:

**Distribution:** Throughout India on plains on wastelands

Special characteristics: Its typical leaves and flowers, which are

quite unique in structure

Local Habitat: Common Weed Throughout Bidar District Waste land uncultivated land and in residential habitat.

Local uses: Latex applied on the fresh dog bite is quite effective. Dried flowers are used against asthma. Latex is applied for Joint pain and removes the thorn penetrated in to the foot. Tender leaves with neem oil paste is applied to cure Leucoderma.

Local Ecological Status: Abundant low risk least concerned.

19. Caesalpinia bunducella

Family: Caesalpinaceae Kannada: Gajaga Hindi: Karthkarani Marathi: Gajaga

Kakachika, Karanja and Latakaranja Sanskrit:

Local Habitat: Throughout Bidar District Waste land, Forest, Un-

cultivated land. Field border.

Local Ecological status: Vulnerable due to Habitat destruction. Ayurvedic Description: Properties: Rasa-katu, tikta; Guna-laghu,

rooksha, teekshna; Veerya-ushna; Vipak-katu.

Action and Uses: Kapha, vat samak, sotha har, badana sthapan, dipan, anuloman, krimighan, rakt sodhak, swashar, mutral, jwaraghan.

Local use: Leaf juice is administered in fever, Leucorrhea, Grown as thick and prickly fence around field for protection. Seeds are offered to goddess Tulsi on the occasion of Tulsi pooja.

20. Cocculus hirsutus

Family: Menispermaceae Kannada: Byangida balli Hindi: Patal garudl Habitat destruction Cause of threat: Local Ecological status: Threatened plant

21. Centella asciatica

Family: Apiaceae Kannada: Ondelga, Hindi: Brahmi Sanskrit: Mandukapami

Local Habitat & Distribution: Throughout Bidar Distt. In the field

alongwith water canal.

Local use: The leaves are used to increase memory power.5

leaves with 1 spoon honey given for 3 days.

**Local Ecological Status:** Threatened (Vulnerable)

Causes of Threat: Habitat loss due to agricultural operation.

22. Cassia fistula

Family: Caesalpinaceae Kannada local: Kakkigida Marathi: Bahava Hindi: Amaltas

Sanskrit: Aragvadha. Chaturangula, Sa-

varnaka

**Habitat and Distribution:** Bidar Forest Area and uncultivated

agriculture land

**Local Ecological Status:** Threatened

Causes of Threat: Habitat destruction and over utilization Local uses: Local Nativaidyas use the bark with zira to treat Leu-

corhea-Excessive bleeding in menstrual cycles.

23. Capparis spinosa

Family: Capparidaceae Kannada: Tottul Balli

Local habitat: Waste land and uncultivated field. Old buildings. **Ecological status:** Threatened due to loss of habitat.

Medicinal uses: In folk medicine, leaves used as cataplasm for boils, swelling and hemorrhoids. Decoction of root bark used for vomiting.

24. Corallocarpus epigaeus

Family: Cucurbitaceae Kannada: Akashagarudagadde

Sanskrit: Sukanasa

Local Distribution and Habitat: Udumnalli Field along the border

18

and fencing in Humnabad Tq.

Local Use: Nativaidya Narayan Chowki uses the root tubers to

treat the cancer

Ecological Status: Threatened due to the destruction of the habi-

Distribution: India, Pakistan (Punjab, Sind and Baluchistan),

Tropical East Africa and Sudan. Dry districts of Karnataka

## 25. Datura metal

Kannada: Datturigida Hindi: Kala Datura

Local use: Leaves in Asthma by Local Nativaidyas

Ecological status: Threatened. Cause of threat -Habitat destruction due to residential expansion of land in rural and urban. Habitat and distribution: Throughout Bidar District in waste land Datura metal is a shrub-like perennial herb, commonly known as angel's trumpet, devil's trumpet and metal.

Datura metal grows in the wild in all the warmer parts of the world and is cultivated worldwide for its chemical and ornamental properties. It was first described by Linnaeus in 1753, but no botanically correct illustrations or descriptions were made until after the New World was settled. It is not possible to be sure about its original home.

## 26. Gymnema sylvestre

Family: Asclepiadaceae Kannada: Kad patri Sanskrit: Madhunasini Marathi: Vakhandi Hindi: Kavali

Local Habitat and Distribution: Uncultivated land Wadgaon in

Local uses: Nati vaidyas treat diabetes in general, jaundice and

fever by leaf tablets.

Local Ecological Status: Threatened Due to destruction of Habi-

## 27. Gloriosa superba

Family: Liliace Kannada: Gowri Huva **Local Status:** Endangered

Local Distribution: In Khanapur Reserved Forest and Karpakpalli

Forest in Bidar District.

Local Uses: Medicinal uses of Gloriosa superba: The roots and leaves used in snakebite, leaves given to cattle as antiworm treatment. Colchicines, an alkaloid obtained from the tubers and seeds fetches high price in the market and used in scientific research.

Causes of Threat: Habitat Destruction and Over utilization

and slow growth.

## 28. Gardenia latifolia

Family: Rubiaceae (Coffee family)

Common name: Indian Boxwood Hindi: Papda, papura, paphar

Ghogar, papda, dikemaali, gogavli Marathi:

Kannada: Kambi, kalkambi, adavibikke

Sanskrit: Parpataki Locally: Kyrengengida Botanical name: Gardina latifolia **Ecological status:** Threatened Causes of threat: Habitat Destruction

Local Distribution and Habitat: Forest and uncultivated land. In

Karpakpalli. Reserved Forest in Bidar District.

Local use: The resin exuded from the tip of the stem is used

against the dysentery locally.

## 29. Hemidesmus indicus

Family: Asclepiadaceae Kannada: Haliberin gida Hindi: Ananthamul Sanskrit: Ananthmul

Local Distribution and Habitat: Common everywhere. Forest land, uncultivated land, Field hedges in all the places in Bidar

district.

Local Ecological Status: Threatened due to destruction of habi-

Causes of threat: Use of land for construction of house and road

## 30. Ipomea paniculata

Family: Convolvulaceae Kannada: Gollagiddiballi Hindi: Bhilayakand Sanskrit: Ksheeravidari

**Ecological status:** Threatened due to habitat destruction. Local use: It is used as astimulant as well as depressant for dif-

ferent organ systems

Local Distribution and Habitat: Throughout Bidar District in waste land all along the fencing of the crop field in Udumnalli and in reserve forest.

## 31. Mimosa pudica

Family: Mimosaceae Hindi: chui-mui Kannada: muttidare muni Marathi: Lazalu

**Ecological status:** Threatened due to habitat destruction Distribution: The species is native to South America and Central

America, but is now a pantropical weed.

# 32. Phylanthus Niruri

Family name: Euphorbiaceae Kannada: Nala nelli Hindi: Bhumi amla Part used: Whole Plant Local name: Nela Nelli Product offered: Whole plant Local Ecological Status: Threatened

Cause of Threat: Destruction of Habitat.

Habitat: Common in central and southern India extending to

Srilanka.

Local distribution: Whole of Bidar District waste land, uncultivat-

ed agriculture land, Seasonal, Annual herb.

Local use: Whole plant is used against in jaundice by local Nati

vaidyas.

33. Plumbago Zeylanica

Family name: Plumbaginaceae **Botanical name:** Plumbago Zeylanica Kannada name: Bili chitra mula Flowers Part Used: **Product offered:** Roots

**Local Ecological Status:** Rare Vulnerable. Causes of Threat: **Habitat Destruction** 

Local distribution: Waste land, Field Border Habit, Uncultivated

land, Throughout Bidar District.

Local use: Root paste applied on tumors to cure and get relief. Habitat: Throughout India but abundantly found in north India

upto 1600 m.

34. Psoralea corylifolia

Family name: Fabaceae Kannada: Bavanchi Hindi: Bavacha

Causes of Threat: Habitat destruction

Local Ecological Status: Threatened due to habitat destruction. **Uses:** General uses are diuretic antianthelmentic and antifungal. Local distribution & Habitat: Waste land, uncultivated land field alongwith border in karpakpalli and other area.

Local uses: Product offered Seeds and Oil .Fertility and as tonic

Root.

35. Sarcostemma acidum

Family: Asclepiadaceae Kannada local: Khandiki Kalli Soma Hindi: Sanskrit: Somalata

Threatened vulnerable **Ecological status:** Causes of threat: Habitat destruction

Local use: Applied latex on wounds and cuts. Distribution: Found in the reserved forest Karpakpalli not found

everywhere.

36. Semacarpus anacardium

Family: Anacardiaceae Hindi: Bhilawa Agnimukh Sanskrit: Kannada: Ker beeja Marathi: Bibba

Ecological status: Threatened due to over utilization and habitat

destruction.

Distribution: It is native of India, found in the outer Himala-

yas to Coromandel Coast.

Local Distribution and Habitat: Forest area in Bidar Chitta Changler and Wadgaon and Khanapur.

37. Securinega leucopyrus Muell

Euphorbiaceae Family: Kannada: Bili Huli Sanskrit: Brahmadandi Hindi: Shialkanta Ecological status: Threatened Causes of Threat: Habitat destruction.

Local Destribution and Habitat: Changler, Karpakpalli, Forest

and uncultivated land.

Local use: The tender leaves are used by the local Nati Vaidya in treatment of Endometres along with the tender leaves of Mayaten-

us senegalensis and Lawnia coromandaliana

38. Tinospora cordifolia

Family: Menispermaceae Kannada: Amrut balli Hindi: Gulvel Sanskriti: Guduchi

**Local Ecological Status:** Threatened (Vulnerable) in wild Causes of Threat: Habitat destruction and over utilization. Distribution: Through out tropical India, Mynamar and Sri Lanka

ascending to an altitude of 1000 ft.

Local Habitat: Field, uncultivated waste land. Now a day's culti-

vated all house gardens.

39. Tridax procumbens

Family: Asteraceae Kannada: Geije Tikke Hindi: Bishalya Marathi: Gaddi chamanthi Sanskrit: Ghamra

**Ecological status:** Threated Causes of threat: Habitat destruction

Local Habitat: Waste land, Field and Forest Locality through out

the destrict.

40. Vitex negundo

Family: Verbenaceae Kannada: Bile-nekki Marathi: Nirgunda

Sanskrit: Nirgundi, Sephalika, Sindhuvara, Vrikshaha Hindi: Mewri; Nirgundi; Nisinda; Sambhalu; Sawbhalu **Ecological Status:** Abundant and Low risk due to fast growth. Local Distribution and Habitat: Waste land, uncultivated land, field, near water bodies and forest all types of soil. Distributed throughout in Bidar district.

Local Uses: Use of lakky locally called is known to the rural people. The tender leaves and flowers are put in to the nose to get rid the coldness. The matured leaves bed are used to get relief from the cold and body pain.Lakky decoction is used to cure BP heart diseases, paralysis, dieabetes and other diseases by Nati Vaidyas in Bidar District.

Lakky is a holy plant offered to Lord Shiva on the occasion of Mahashiva ratri by Hindus.

41. Withania somnifera

**Causes of Threat:** 

Family: Solaceae Kannada: Ashwagandha Sanskrit: Ashwagandha Hindi: Ajagandha, Kanaje **Local Ecological Status:** Vulnerable

Local uses: The roots are used as tonic to strength to the body

Habitat destruction

and to make sexually strong.

#### Discussion

This Study revealed a considerable medicinal plant diversity of Bidar district. Data were compared with the available literature of different regions of Karnataka on medicinal plants and was found that many of these are not recorded eelier. In Karnataka ethnobotanical studies on medicinal plants were conducted earlier in uttar Kannada districts. However, in Bidar district, No detailed studies on ethno medicine have been conducted. The formulation and standardization of these effective phytomedicines should be encouraged for their sustainable uses and preservation of endangered species of this area. The data accrued is expected to useful for the development of the herbal drug industries to improve tribal and rural economy of Bidar district. The plants which are accrued are to be used single or combination with others. Some information pertaining to particular remedy from different localities or groups of informants reflects the accuracy and authenticity of the medicines on the phytochemistry. The Data from the Traditional practitioners will helpful further for the Scientific assessment of these medicines on phytochemistry, Biological activity and clinical studies are, however necessary. This may provide a lead in the development of drugs to be used in modern system of medicine.

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